

# The effect of genetics and biochemistry on the pathogenesis of cholangiocarcinoma

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## ABSTRACT

Cholangiocarcinoma (CCA) presents a significant therapeutic challenge due to its poor prognosis and the complex interplay of metabolic pathways in its development. This study aims to elucidate the genetic, biochemical, and metabolic factors contributing to CCA's pathogenesis to inform more targeted and effective treatment strategies. A comprehensive review of the current literature was conducted, focusing on the role of genetic variations and metabolic disruptions in CCA. Key pathways such as PI3K/AKT/mTOR, FGFR, and IDH were examined, along with their impacts on carbohydrate, lipid, nucleic acid, and amino acid metabolism. The findings indicate that the liver's vital role in regulating these metabolic processes means that disruptions can profoundly influence disease progression. Genetic variations were found to significantly alter both metabolic and signaling pathways, contributing to the aggressive nature of CCA. Understanding the complexities of genetic and metabolic interplay in CCA is essential for developing more targeted and effective treatment strategies. This review highlights the importance of these pathways in the pathogenesis of CCA and suggests potential therapeutic targets for future research.

**Keywords:** Biochemistry, Biomarkers, Cholangiocarcinoma, Genetics, Therapeutic targets

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## INTRODUCTION

### I. Genetic Variations and Biochemical Pathways in Cholangiocarcinoma

This investigation elucidated the pivotal role of genetic variations in modulating metabolic and signaling pathways, contributing to the pathogenesis of cholangiocarcinoma, thereby highlighting the need to comprehend the molecular mechanisms underpinning this malignancy for the development of targeted therapeutic interventions.

### II. Impact of FGFR Mutations and PI3K/AKT/mTOR Pathway Alterations

The study highlights the significance of FGFR mutations and alterations in the PI3K/AKT/mTOR pathway in the development of cholangiocarcinoma, proposing these anomalies as potential biomarkers for diagnostic purposes and as targets for therapeutic intervention.

### III. Epigenetic Modifications in Disease Progression

The study explored the crucial role of epigenetic modifications, specifically DNA methylation and histone modification, in disease progression, providing insights into novel epigenetic biomarkers and therapeutic intervention strategies.

#### IV. Metabolic Reprogramming in Cholangiocarcinoma

The review provides a comprehensive overview of the altered metabolic pathways in cholangiocarcinoma, including those involving glucose, lipids, and amino acids, highlighting metabolic reprogramming as a hallmark of cancer that can be exploited for therapeutic purposes.

#### V. Interplay Between Genetic, Epigenetic, and Metabolic Pathways

Finally, we underscore the interplay between genetic alterations, epigenetic modifications, and metabolic reprogramming in cholangiocarcinoma, suggesting a multifaceted approach for future research and treatment strategies.

Cholangiocarcinomas (CCAs) affect the biliary tree. They make up 10–25% of all primary liver tumors and 3% of all malignancies in the gastrointestinal system. The average age at presentation is 50 years, with Southeast Asia having the highest overall prevalence. Although several risk factors, such as primary sclerosing cholangitis and chronic biliary tract inflammation, have been identified, most patients with CCA have no identifiable risk factors [1].

Multiple alterations in at least 32 genes with substantial changes in protein levels have been observed in patients with CCA [2]. Generally, cholangiocarcinoma originates

from biliary epithelial cells and involves multiple intracellular signaling pathways in its development. Table 1 lists the types of CCA, their supposed cells of origin, and the intracellular pathways implicated in their pathogenesis. This detailed overview provides insight into the complex molecular mechanisms underlying CCA [3, 4].

The pathogenesis of cholangiocarcinoma (CCA) involves the dysregulation of several key signaling pathways and genetic alterations. These include the phosphoinositide 3-kinase (PI3K)/protein kinase B (AKT)/mammalian target of rapamycin (mTOR) pathway, NOTCH signaling, mutations in isocitrate dehydrogenase 1–2 (IDH), and alterations in epidermal growth factor receptor (EGFR), and human epidermal growth factor receptor 2 (HER2). Additionally, fibroblast growth factor receptor (FGFR) fusions, disruptions in the PI3K/Phosphatase and Tensin Homolog (PTEN)/AKT/mTOR signaling axis, mutations in the Kirsten rat sarcoma viral oncogene homolog (KRAS) and v-Raf murine sarcoma viral oncogene homolog B (BRAF), Notch overexpression, and changes in noncoding RNA (ncRNAs) are pivotal contributors to CCA development [2]. The Warburg effect has been shown in CCA but represents a different metabolic pattern than hepatocellular carcinoma (HCC) via downregulated lipid synthesis [5]. The pathways involved in the pathogenesis of CCA are listed in Table 2.

Table 1: Histological grouping supposed cell of origin, and the key pathways involved in the molecular pathogenesis of cholangiocarcinoma

Histological grouping	Supposed cell of origin	Involved pathways
Intrahepatic cholangiocarcinoma (iCCA)	Biliary epithelial cells within the liver (cholangiocytes)	PI3K/AKT/mTOR, FGFR, IDH, RAF-MEK-ERK, Hippo, Notch
Perihilar cholangiocarcinoma (pCCA)	Biliary epithelial cells at the hepatic hilum	EGFR/HER2, PI3K/AKT/mTOR, Notch
Distal cholangiocarcinoma (dCCA)	Biliary epithelial cells in the extrahepatic bile ducts (below the cystic duct)	EGFR/HER2, PI3K/AKT/mTOR, Notch
Combined hepatocellular-cholangiocarcinoma (cHCC-CCA)	Bipotent hepatic progenitor cells or hepatic stem cells	PI3K/AKT/mTOR, RAF-MEK-ERK, Notch, Hippo

Table 2: Key pathways in pathophysiology of CCA

Feature	Description
PI3K/AKT/mTOR pathway	Multiple genetic alterations in at least 32 genes, affecting protein levels in CCA patients [2].
FGFR pathways	FGFR fusions cause aberrant signaling; FGFR mutations affect lipid and carbohydrate metabolism [8, 9, 98].
Epigenetic modifications	Involves DNA methylation, histone modification, and ncRNAs, influencing gene activity and tumorigenesis [77].
Metabolic reprogramming	Altered glucose, lipid, and amino acid metabolism; Warburg effect, increased glycolysis, and fatty acid synthesis [5].
Notch signaling	Critical in cell differentiation, proliferation, and apoptosis; upregulation leads to CCA development [42].

Table 2: (Continued)

Feature	Description
RAF-MEK-ERK pathway	Controls cell functions like proliferation and survival; mutations in KRAS are significant in CCA [20].
Hippo pathway	Regulates organ size and tumorigenesis via YAP/TAZ; disruption leads to iCCA development [55, 108].
IDH mutations	Associated with 2-HG production, DNA hypermethylation, and immune suppression; therapeutic target [27].
EGFR/HER2 pathway	Abnormal EGFR signaling drives tumorigenesis; mutations common in eCCA and gallbladder malignancies [38, 39].
Non-coding RNAs	Includes miRNAs, lncRNAs, circRNAs; significant in regulating gene expression and cancer progression [57].

## 1. The Signaling Pathways in the Pathophysiology of CCA

The most frequently altered pathways in CCA include the PI3K/AKT/mTOR pathway, NOTCH signaling, isocitrate dehydrogenase 1–2, *EGFR*, *FGFR*, and *HER2* [6].

### 1.1. *FGFR* Signaling Pathways in CCA

Fibroblast growth factor receptors (FGFRs), which encompass four tyrosine kinase receptors (FGFR1–4), play crucial roles in cell proliferation, differentiation, and survival. These receptors contain an extracellular domain for ligand binding, a transmembrane helix, and an intracellular kinase domain. Ligand engagement leads to FGFR dimerization and phosphorylation, triggering downstream signaling through pathways such as Ras/RAF/MEK/ERK, JAK/STAT, or PI3K/AKT/mTOR. Additionally, FGFR5, lacking a kinase domain and recently identified, may act in concert with FGFR1 as a co-receptor, further diversifying the biological impact of the FGFR family [7].

#### 1.1.1. *FGFR* Mutations and Fusions in CCA

Fibroblast growth factor receptor fusions, which are chimeric proteins produced by abnormal chromosomal translocations of *FGFR*, cause aberrant signaling and consequent dysplasia. Around 15–20% of intrahepatic CCA (iCCA) cases have clinically significant *FGFR* fusion [8, 9]. Fusion oncogenes and fusions involving *FGFR2* represent a new “class” of therapeutic targets in cancer, particularly in CCA [10]. Approximately 10–15% of individuals with CCA have these fusions. Notably, they are almost exclusively seen in iCCA, but not in HCC or perihilar/extrahepatic CCA (eCCA) [11]. Fusions involving additional *FGFR* family members are uncommon in biliary tract malignancies, with a frequency of less than 0.5% [8, 11].

Although *FGFR2* mutations are predominant in CCA, alterations in *FGFR1* and *FGFR3*, as well as overexpression of *FGFR4*, also play a remarkable role in the development of the disease. *FGFR1* and *FGFR3* mutations have been identified in several cases and contribute to the complexity of the genetic landscape

of CCA. *FGFR4* overexpression has been linked to the increased proliferation and invasion of CCA cells, as demonstrated by *in vitro* post-stimulation with FGF19 [12]. This suggests that similar to *FGFR2*, other FGFR family members could be potential targets for therapeutic interventions in CCA. Identification of these mutations and their overexpression highlights the need for a broader focus on the research and treatment of CCA, extending beyond *FGFR2*.

In addition to *FGFR* fusions, protein kinase cAMP-activated catalytic subunit beta (PRKACB) rearrangements, such as ATPase Na<sup>+</sup>/K<sup>+</sup> transporting subunit beta 1(ATP1B1)-PRKACB and LINC00261-PRKACB, have also been detected by whole-genome sequencing (WGS) analysis [13]. The PRKACB pseudokinase domain was preserved in both PRKACB rearrangements, which may boost protein kinase A (PKA) activity and activate downstream mitogen activated protein kinase (MAPK) signaling [13].

#### 1.1.2. Prognostic Implications of *FGFR* Alterations in Cholangiocarcinoma

The presence of *FGFR2* fusions in CCA has remarkable prognostic implications. Studies have shown that these genetic alterations are associated with distinct clinical characteristics and responses to targeted therapies. For instance, *FGFR2* fusions are more commonly observed in iCCA, nearly exclusive to this subtype, and not typically seen in HCC or eCCA [14]. Although there is preliminary evidence that *FGFR2* genetic changes are more common in younger individuals and linked to leisurely disease progression, it is unclear if patients with *FGFR2* fusions form a unique prognostic grouping [15]. In conclusion, future FGFR research in CCA should expand beyond *FGFR2* to explore the roles and therapeutic potential of other FGFR family members.

## 1.2. PI3K/AKT/mTOR Pathway in CCA

The PI3K/AKT/mTOR signaling axis, comprising PI3K, AKT, and mTOR, is pivotal for the onset and progression of CCA. Activation of PI3K leads to the



phosphorylation and subsequent activation of AKT, culminating in mTOR activation. Downstream effects of the mTOR pathway are associated with PI3K/A/B activity, illustrating its critical role in the pathophysiology of CCA [16]. The PI3K/AKT/mTOR pathway is essential for regulating key cellular functions such as survival, growth, and cell cycle progression and serves as a fundamental mechanism in cell metabolism and viability. In CCA, alterations such as mutations, changes in gene copy numbers, and irregular protein phosphorylation involving PI3K, AKT, mTOR, and PTEN have been identified and correlated with adverse survival rates [17]. Approximately 30% of the patients exhibit mutations in the PI3K/PTEN/AKT/mTOR signaling pathway [3].

Preclinical studies have indicated that targeting the PI3K/AKT/mTOR pathway with inhibitors has the potential to treat CCA, as demonstrated in both laboratory and animal models. Early clinical trials using rapamycin analogs and mTOR inhibitors have revealed promising efficacy and manageable toxicity. Nevertheless, investigations on AKT and PI3K inhibitors have highlighted safety issues, underscoring the importance of careful patient selection and enhanced specificity in the development of these therapeutic agents [18]. Additionally, concurrent targeting of the PI3K-AKT-mTOR and RAF-MEK-ERK signaling pathways has demonstrated a synergistic effect in CCA, even in overcoming resistance to MEK inhibitors. This finding supports the potential of combining inhibitors of these pathways as a promising strategy for treating patients with CCA in future therapeutic approaches [19].

### 1.3. RAF-MEK-ERK Pathway in CCA

The RAF-MEK-ERK signaling cascade plays a pivotal role in controlling essential cell functions, such as proliferation, differentiation, and programmed cell death. The activation of this pathway begins with ligand attachment to receptor tyrosine kinases (RTKs), followed by signal relay through a series of protein complexes, including RAS-RAF, MEK, and ERK. Its enrichment in CCA indicates its notable involvement in disease progression [20].

Rat sarcoma virus (RAS), a crucial member of the RAF-MEK-ERK pathway, has notable clinical implications for CCA, particularly through mutations in the *KRAS* gene. *In vitro* studies have shown that *KRAS* mutations in iCCA cells are associated with increased cell growth and migration and reduced E-cadherin expression, which is indicative of enhanced cell motility and the potential for increased metastasis. Furthermore, *KRAS* mutations have been associated with changes in the adhesion status of iCCA cells and alterations in the responsiveness of tumor cells to interferon immune signals [21].

Additionally, activating *KRAS* mutations, which affect 25–30% of iCCA subtypes, increases RAF-MEK-ERK signaling [2]. Kirsten rat sarcoma viral oncogene homolog mutations have been linked to worse overall

survival in patients with iCCA and are associated with the development of extrahepatic metastases [22]. These mutations are associated with perineural invasion and poor post-operative survival in patients with iCCA [23, 24]. In addition to serving as an indicator of poor prognosis, the presence of *KRAS* mutations in CCA may considerably influence therapeutic approaches. Cells harboring *RAS* mutations are predisposed to malignant transformation and display malignant phenotypes that potentially influence their responsiveness to specific treatments [25]. For example, the multikinase inhibitor sorafenib, which targets the MAPK pathway, has been proposed as a potential therapeutic option for CCA [26].

### 1.4. IDH Mutations in CCA

Isocitrate dehydrogenase is an enzyme involved in the Krebs cycle and exists in two isoforms: IDH1 and IDH2 [27]. Isocitrate dehydrogenase 1/2 normally converts isocitrate to alpha-ketoglutarate, resulting in nicotinamide adenine dinucleotide (NADH). Mutant enzymes convert isocitrate into 2-hydroxyglutarate (2-HG), an oncometabolite that impairs the development of hepatic progenitors and is linked to DNA hypermethylation [28, 29]. These mutations are associated with generation of the oncometabolite R-2-hydroxyglutarate, which can inhibit enzymes that regulate epigenetics, DNA repair, metabolism, and other processes [30]. Isocitrate dehydrogenase mutations are present in 10–30% of patients with iCCA [24]. These mutations are present in 10–20% of patients with iCCA, and up to 90% of these are *IDH1* mutations, with only 10–20% being *IDH2* mutations [31, 32].

### 1.5. Therapeutic Potential of IDH Mutations in CCA

Clinical trials have demonstrated that the IDH1 inhibitor ivosidenib offers clinical advantages for patients with IDH1-mutated iCCA, enhancing both progression-free survival and overall survival relative to placebo [33]. The European Society for Medical Oncology (ESMO) endorses the use of ivosidenib in previously treated patients with iCCA with IDH1 mutations [34]. Isocitrate dehydrogenase 1 inhibitors do not benefit all patients, with responders often experiencing disease stabilization rather than notable tumor shrinkage. This indicates the need for deeper insights into the cancer-promoting roles of mutant IDH to develop more effective treatment strategies. Future studies should explore synthetic lethal approaches that leverage the unique cellular conditions induced by mutant IDH1, instead of directly targeting the mutant enzyme itself [35].

Mutations in IDH1 have been linked to immune suppression through the inactivation of TET2, indicating the potential efficacy of combining mutant IDH1 inhibitors with immune checkpoint blockade therapies that target regulatory T cells [36]. In a subset of human

CCAs, co-occurring IDH1 and KRAS mutations promote the proliferation of liver progenitor cells, formation of premalignant biliary lesions, and evolution toward metastatic CCA [37]. These findings suggest that combination therapies targeting *IDH1* and *KRAS* mutations may be beneficial.

### 1.6. EGFR/HER2 Pathway in CCA

Additionally, iCCA tumorigenesis is driven by the EGFR/HER2 pathway. Abnormal regulation of EGFR signaling is the most notable driver mutation. Activating mutations downstream of EGFR, PI3K/PTEN/AKT, and MAPK pathways has also been described [38, 39]. The most frequently treated tumors for eCCA and gallbladder malignancies may have *HER2* mutations [40].

### 1.7. Notch Signaling in CCA

The Notch signaling pathway is a fundamental and evolutionarily preserved system that plays critical roles in regulating cell differentiation, proliferation, and apoptosis [41]. The Notch signaling pathway involves interactions between multiple receptors and ligands, with Notch1, Notch2, Notch3, and Notch4 being the four recognized receptors that are integral to this system [42].

The upregulation of Notch signaling has been implicated as a key mechanism that facilitates the transformation of mature hepatocytes into CCA cells [43]. Notch1 overexpression is associated with CCA initiation and advancement of CCA. Notch1 is connected to cyclin E, a key regulatory protein in the G1 phase of the cell cycle and has the potential to induce DNA damage [43, 44]. The signaling pathways of Notch1 and Notch2 have been implicated in CCA development, with Jagged1 identified as the critical ligand. The elevation of PIK3CA, AKT, and Jagged1 levels directly enhances Notch2 signaling, contributing to CCA pathogenesis. Conversely, Jagged1 overexpression amplifies Notch2 signaling, whereas therapies targeting Jagged1 suppress this pathway [45–47].

Current knowledge of the role of Notch3 in CCA development and progression remains sparse. However, aberrations in their regulation, particularly through Notch3 overexpression, are associated with cell dedifferentiation, lymph node metastasis, and reduced survival [48].

Recent studies have demonstrated the anticancer properties of gamma secretase inhibitors (GSI), leading to the development and validation of a GSI responder signature [49]. Gamma secretase inhibitors that target the Notch signaling pathway have shown promise in the initial research phases due to their therapeutic potential. Comprehensive studies are needed to elucidate the intricate molecular interactions facilitated by the Notch pathway, as well as its interplay with other signaling pathways. Advancing our knowledge of these areas is pivotal for the development of targeted therapeutic approaches for CCA [50].

Notch4 signaling is associated with the development of iCCA and is correlated with reduced survival rates [51].

The activation of upstream molecules in the Notch signaling pathway, such as Yes-associated protein (YAP), has been observed. Yes-associated protein, a precursor signaling protein for the AKT and mTOR pathways, facilitates CCA development when co-expressed with AKT. This interaction promotes CCA by initiating Notch signaling through the Notch2 receptor [52].

### 1.8. Hippo Signaling Pathway in CCA

The Hippo pathway, a core evolutionary mechanism, regulates vital functions, such as organ size, tissue repair, stem cell renewal, and oncogenesis. This pathway hinges on a kinase cascade involving the mammalian sterile 20-like kinases 1 and 2 (MST1/2) and large tumor suppressor kinases 1 and 2 (LATS1/2). These kinases act as molecular switches, modifying and inhibiting the transcriptional coactivators, YAP and transcriptional coactivator with PDZ-binding motif (TAZ). Unphosphorylated YAP and TAZ enter the nucleus and interact with TEA domain transcription factors (TEAD 1–4), thereby influencing gene expression for cell growth and proliferation. However, phosphorylation by LATS1/2 kinases restricts YAP/TAZ to the cytoplasm, marking them for degradation by proteasomes and limiting their influence. Thus, the Hippo pathway maintains a delicate balance between YAP/TAZ activity and degradation, thereby ensuring proper organ function and preventing uncontrolled cell growth [53].

This pathway, particularly involving YAP and TAZ, is critically involved in the development and progression of CCA. For instance, TAZ overexpression in the liver can initiate CCA development, although this occurs with low incidence and long latency. Co-expression of TAZ with the myristoylated AKT (myr-AKT) protooncogene considerably increases tumor frequency, accelerates cancer formation, and results in a high tumor burden after hydrodynamic injections [54].

Additionally, the Hippo signaling pathway remarkably affects the differentiation of liver tumors. Disruption of this pathway leads to nuclear accumulation of YAP and TAZ. However, enhancing this pathway through *Lats2* overexpression or inhibiting YAP/TAZ function with a dominant-negative variant of TEAD2 can hinder the onset of hepatocarcinogenesis [47].

The Hippo signaling pathway, utilizing its two separate components, MST1/2-SAV1-WWC1-3 (HPO1) and MAP4K1-7-NF2 (HPO2), plays a pivotal role in controlling LATS1/2 kinases and the transcriptional co-activators YAP and TAZ. When either HPO1 or HPO2 is partially inactivated, YAP/TAZ activation is reduced, leading to increased bile duct growth and HCC development. However, completely turning off both HPO1 and HPO2 components leads to full activation of YAP/TAZ, which accelerates CCA progression and leads to earlier death. This detailed understanding of the

function of the Hippo pathway underscores its critical role in liver cancer pathology and opens new possibilities for treatment strategies [55]. The major signaling pathways in CCA are shown in Figure 1.

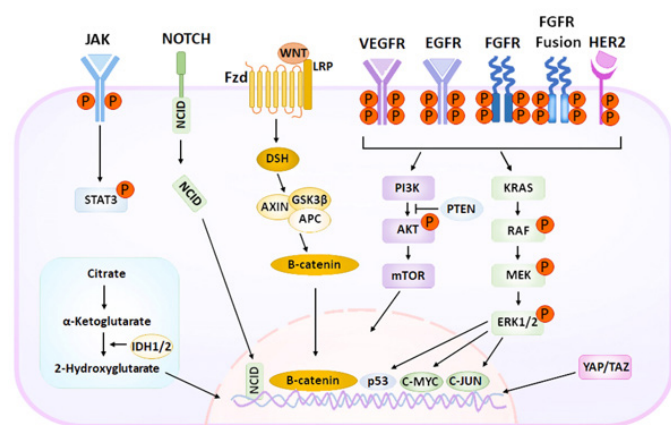


Figure 1: Molecular signaling pathways in cholangiocarcinoma.

### 1.9. The Epigenetic Pathogenesis of CCA

Epigenetic alterations play critical roles in CCA pathogenesis. These alterations, which do not change the DNA sequence, involve reversible modifications that affect the DNA or chromosomal structures. The key among these alterations is DNA methylation, in which methyl groups are added to DNA, often at cytosine bases, leading to changes in gene activity. Histone proteins, around which DNA is bound to form nucleosomes, undergo various covalent modifications such as methylation, acetylation, phosphorylation, and ubiquitination. These modifications alter DNA–histone interactions and influence chromatin structure and gene expression. Additionally, non-covalent modifications change the chromatin structure, affecting DNA accessibility to transcription factors and regulatory proteins. Moreover, ncRNAs regulate gene expression post-transcriptionally, often by interacting with chromatin-modifying complexes [56].

### 1.10. Non-Coding RNA (ncRNA)

Recent studies have shown that ncRNAs play crucial roles in the development and progression of CCA. The term ncRNA encompasses a broad category of genomic transcription products that are not involved in protein coding. This group includes microRNAs (miRNAs), long noncoding RNAs (lncRNAs), and circular RNAs (circRNAs). These genes constitute approximately 98% of the human genome. Although ncRNAs are not directly involved in protein encoding, they possess crucial regulatory roles. They mediate a variety of cellular processes including chromatin remodeling, transcription, post-transcriptional modifications, and signal transduction. Ongoing research on ncRNA functions has revealed their critical involvement in cancer biology. These ncRNAs can function as either oncogenes or tumor

suppressors and considerably influence CCA progression [57]. Major tumor suppressor and oncogenic ncRNAs and their related genes and pathways are summarized in Table 3 [4, 58–70].

Table 3: Tumor-suppressor and oncogenic miRNAs and their regulated gene expressions

Tumor suppressor ncRNAs	Regulated gene expressions	References
LncRNA ANRIL	<i>ERRFI1</i>	[109]
LncRNA DANCR	<i>FBP1</i>	[4]
LncRNA CASC15	<i>PTEN</i>	[58]
LncRNA SPRY4	<i>KLF2</i> and <i>LATS2</i>	[59]
miR-181b-5p	<i>PARK2</i>	[60]
miR-19b-3p	<i>CCDC6</i>	[61]
miR-30a-5p	<i>SOCS3</i>	[62]
circHMGCS1–016	miR-1236-3p and <i>PTEN</i>	[63]
Oncogenic miRNAs	Regulated gene expressions and/or pathways	
LncRNA NEAT1	PI3K/Akt	[64]
LncRNA RHPN1	YAP1	[65]
miR-192-5p	MEK/ERK	[66]
miR-155-5p	RAF/MEK/ERK pathway and <i>SOX1</i>	[67]
miR-10a-5p	PI3K/AKT pathway	[68]
circACTN4	Wnt/B-catenin and Hippo/YAP	[69]
circNFIB	MEK1/ERK pathway	[70]

Abbreviations: ncRNA, noncoding RNA; miRNA, microRNA; LncRNA, long noncoding RNAs.

## 2. Recent Developments in Genetic and Epigenetic Markers in CCA

Recent advancements in the field of CCA biomarkers have highlighted various novel candidates that could strongly affect the diagnosis, prognosis, and therapeutic strategies for this malignancy. Genetic and epigenetic markers, such as mutations in the BRCA1 associated protein-1 (*BAP1*) gene and telomerase reverse transcriptase (*TERT*) promoter, have emerged as potential indicators for CCA, offering insights into its pathogenesis and prognosis [71, 72]. Aberrations in DNA methylation patterns present another layer of complexity in CCA’s molecular landscape, holding promise for early diagnosis. Furthermore, the role of ncRNAs, especially miRNAs, such as miR-21 and miR-221, and lncRNAs,



reflecting their diagnostic and prognostic capabilities in CCA, has gained attention [73, 74].

Protein-based markers, which extend beyond conventional markers, have been identified as potential biomarkers relevant to the unique tumor microenvironment of CCA, particularly focusing on cancer-associated fibroblasts (CAFs) and tumor-associated macrophages (TAMs) [75, 76].

The use of circulating tumor DNA (ctDNA) in liquid biopsies is a noninvasive approach for detecting genetic and epigenetic alterations, paving the way for real-time disease monitoring and personalized treatment approaches [77]. Finally, the adoption of radiomics analysis offers a novel perspective by quantifying tumor characteristics from imaging data, potentially aiding the prediction of treatment responses and disease progression [78].

The convergence of these biomarkers signifies a pivotal shift in CCA management toward more precise and personalized interventions. However, their integration into clinical practice requires extensive research and validation to establish their efficacy and reliability.

### 3. Metabolic Alterations in Pathophysiology of CCA

#### 3.1. Altered Carbohydrate Metabolism in CCA

Glucose metabolism is one of the major metabolic pathways altered in the onset and progression of CCA. The Warburg effect has been observed in CCA cells, with increased aerobic glycolysis to meet metabolic demands. Therefore, CCA cells depend strictly on glucose uptake. Accordingly, upregulated GLUT-1 expression is correlated with poor prognosis, whereas GLUT-1 silencing reduces CCA cell invasion [79]. The glycolytic enzymes Hexokinase II and pyruvate kinase M2 are upregulated in CCA, as is lactate dehydrogenase (LDH)-A, which converts pyruvate to lactate [80–82]. By inhibiting pyruvate dehydrogenase (PDHA1) and promoting glycolysis, pyruvate dehydrogenase kinase 1 (PDK1) overexpression has also been observed in CCA, with increased cell proliferation. Interestingly, SIRT3 inhibits the HIF1 $\alpha$ /PDK1/ PDHA1 pathway, and the reduced SIRT3 expression found in CCA suggests that SIRT3 could exert an anti-Warburg effect in CCA tumorigenesis [83].

Another essential pathway in CCA cells is the pentose phosphate pathway (PPP), which produces ribose-5-phosphate to maintain nucleotide synthesis in rapidly proliferating cells. Pentose phosphate pathway not only sustains nucleotide synthesis but also increases the antioxidant capacity of CCA cells, leading to cisplatin resistance [84].

Other major dysregulated members of glucose-related metabolism are upregulated SIRT2, uncoupling protein 2 (UCP2), and peroxisome proliferator-activated receptor- $\alpha$  (PPAR- $\alpha$ ) and downregulated farnesoid X receptor (FXR)

as well as *IDH1/2* mutations, as mentioned previously [5].

Recently, it is implied that in the tumor microenvironment, CCA cells crosstalk with stromal cells metabolically. For instance, lymphatic endothelial cells (LECs) generate high levels of C-X-C Motif Chemokine Ligand 5 (CXCL5), which communicates with CCA cells via the receptor CXCR2, thereby promoting glucose uptake and lactate production [85]. It is important to elucidate these metabolic communications in order to identify potential targets for CCA treatment. The overall changes in glucose metabolism are shown in Figure 2 [86].

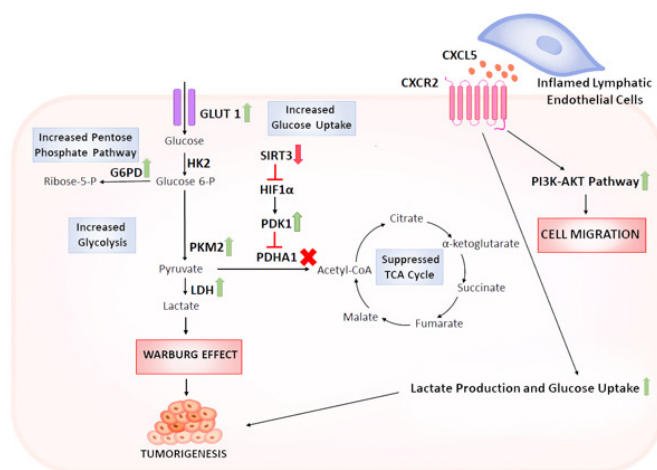


Figure 2: Altered glucose metabolism in cholangiocarcinoma.

#### 3.2. Altered Lipid Metabolism in CCA

In many carcinomas, including CCA, fatty acid (FA) synthesis and *de novo* lipogenesis are reported to be upregulated mainly because of the increased expression of fatty acid synthase (FASN) [87]. With this metabolic alteration, tumors no longer rely on exogenous lipid uptake from the bloodstream to promote tumor growth. Interestingly, unlike HCC, iCCA represents a different metabolic pattern with downregulated FASN expression. Accordingly, iCCA cells express high levels of proteins related to FA uptake, such as the FA transporter solute carrier family 27 member 1 (SLC27A1) and fatty acid binding protein 5 (FABP5) [88, 89]. Therefore, while HCC is sensitive to FASN inhibition, CCA is not [88].

Acyl-CoA dehydrogenase (ACADM) overexpression, which occurs in the fatty acid oxidation (FAO) pathway, has also been shown to be directly correlated with CCA proliferation [90]. Studies have noted that cyclooxygenases 2 (COX-2) and prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) levels are upregulated in CCA cells compared to healthy bile duct cells, leading to tumor growth [91]. These findings imply that liver tumors have distinct metabolic features and that the inhibition of exogenous FA uptake and FAO may have a potential role in the therapeutic strategy of human CCAs.

### 3.3. Altered Amino Acid Metabolism in CCA

Glutamine is a major amino acid involved in CCA metabolism. A study measuring glutamine levels in CCA demonstrated that glutamine deprivation in tumors suppresses proliferation [92]. Furthermore, distant metastasis and poor overall survival correlated with overexpression of glutaminase-1 (GLS1) in iCCA. This suggests that GLS1 is a potential therapeutic target for iCCA [93]. Because CCA cells are dependent on glutamine for proliferation, the expression levels of L-type amino acid transporter 1 (LAT1), a glutamine plasma membrane transporter, are also found to be higher in CCA cells [94]. Thus, LAT1 inhibition may be a potential metabolic target for CCA therapy. Arginine metabolism is altered in CCA with decreased argininosuccinate synthetase (ASS) expression. Considering that ASS occurs during arginine synthesis, CCA tumors are dependent on exogenous arginine uptake due to low arginine levels. This suggests that arginine depletion within tumors results in decreased cell proliferation [95]. Tryptophan hydroxylase expression is increased and monoamine oxidase expression is decreased in CCA, resulting in increased serotonin synthesis. Inhibition of serotonin synthesis suppresses CCA cell growth [96].

The urea cycle is also suppressed in CCA with downregulation of enzymes such as carbamoyl phosphate synthetase 1 (CPS1), which is the rate-limiting enzyme in the urea cycle [97]. Although DNA methylation may suppress CPS1, the mechanism underlying this alteration in the urea cycle remains unclear.

Understanding the altered metabolic pathways underlying CCA is important and could be the basis for new targeted therapeutic approaches. Given the intricate landscape of amino acid metabolism in CCA, where enzymes such as Glutaminase and LAT1 play crucial roles, it is evident that aberrant FGFR signaling can extensively influence these metabolic processes by modulating key pathways, such as MAPK and PI3K/AKT. This modulation may lead to altered activity of these enzymes, thereby affecting the metabolic dependencies and vulnerabilities of CCA cells.

### 3.4. Altered Signaling Pathways in Lipid and Carbohydrate Metabolism

#### 3.4.1. FGF Pathway

Recent investigations have underscored the role of *FGFR* mutations, especially *FGFR4*, in the regulation of lipid and carbohydrate metabolism in the liver, with potential implications for CCA [98]. Fibroblast growth factor receptor 4, a crucial mediator of hepatic bile acid synthesis, has shown particular interest; studies involving liver-specific *FGFR4* knockdown in mice on a high-fat diet revealed an increase in bile acid production, reduction in serum cholesterol, and improvements in high-fat diet-

induced liver steatosis and insulin resistance, suggesting a pivotal role for *FGFR4* in lipid metabolism and the potential development of hepatic steatosis, commonly associated with CCA [99]. Additionally, the Gly385(388) Arg polymorphism in *FGFR4* has been identified as a key factor influencing hepatic lipid accumulation and insulin sensitivity under healthy dietary conditions and is linked to increased hepatic triglyceride content, alterations in hepatic lipid composition, and an increase in the expression of genes involved in *de novo* lipogenesis and glycolysis. Moreover, fibroblast growth factor 21 (FGF21), a hepatokine regulated by *FGFR4*, has been associated with enhanced lipid profiles and liver function biomarkers, including fibrosis, thereby implicating FGF21 and *FGFR4* in lipid metabolism and CCA pathogenesis [98]. However, the precise role of *FGFR* mutations in lipid and carbohydrate metabolism in CCA is not fully understood and requires further investigation.

It is crucial to recognize that metabolic alterations in CCA are complex and likely involve multiple pathways beyond *FGFR* signaling, as evidenced by the reliance of highly proliferative human CCA cells on lipid and lipoprotein uptake for fatty acid catabolism, which underscores the need for a comprehensive approach to help in understanding these metabolic changes in CCA [90].

#### 3.4.2. PI3K/AKT/mTOR Pathway

The PI3K/AKT/mTOR signaling cascade is instrumental in reprogramming the metabolic activities of cancer cells, with a pronounced impact on lipid and carbohydrate metabolism. Alterations in this pathway are a common feature of various human cancers, leading to modified patterns of nutrient absorption and consumption, including glucose, glutamine, nucleotides, and lipids. These adjustments facilitate the rapid expansion and proliferation of tumor cells.

In the context of lipid metabolism, this pathway notably affects FAs biosynthesis and breakdown. Specifically, the mTORC1 complex plays a critical role in controlling lipid biosynthesis by acting on sterol regulatory element-binding protein (SREBP) transcription factors. These factors are pivotal in modulating the expression of genes involved in fatty acid and cholesterol production. Cancer cells exhibit an increased uptake and biosynthesis of FAs, coupled with a reduction in their oxidation. This metabolic shift not only generates essential energy in the form of ATP and NADH but also lays the groundwork for the structural integrity of cancer cells, which is essential for their survival and proliferation [100].

Within the domain of carbohydrate metabolism, the PI3K/AKT/mTOR signaling pathway exerts a remarkable influence on glycolysis, notably through the upregulation of glucose transporters such as GLUT1, which is notably increased in expression within cancerous cells. This pathway also plays a crucial role in regulating essential glycolytic enzymes. These include facilitating the



phosphorylation of glucose into glucose 6-phosphate by hexokinases, transforming fructose-6-phosphate into fructose-1,6-bisphosphate via phosphofructokinase 1, and converting phosphoenolpyruvate into pyruvate via pyruvate kinase. Such enhancement of glycolytic activity provides cancer cells with a swift supply of energy and necessary metabolic intermediates for their growth and division [101].

In summary, the role of the PI3K/AKT/mTOR pathway in reprogramming cancer cell metabolism is complex and multifaceted, affecting various enzymes and processes crucial for the metabolic adaptations observed in cancer cells.

### 3.4.3. RAF-MEK-ERK Pathway

The RAF-MEK-ERK pathway, including the RAS subpathway, plays a remarkable role in metabolic reprogramming observed in CCA. This reprogramming can involve both lipid and carbohydrate metabolism. The RAS gene, frequently mutated and abnormally activated in cancers, can regulate lipid metabolism through the AKT-mTORC1 axis or other pathways, thereby affecting lipid synthesis and degradation. This regulation influences the growth and survival of cancer cells, making them potential targets for antitumor therapy.

In addition to lipid metabolism, the RAS pathway influences carbohydrate metabolism. Although the specific mechanisms are complex and not fully understood, the RAS pathway promotes glycolysis, a key aspect of carbohydrate metabolism that is often upregulated in cancer cells [100].

## 3.5. Altered Signaling Pathways in Amino Acid Metabolism

### 3.5.1. FGF Pathway

In CCA, the aberrant FGFR signaling notably affects amino acid metabolism, which is a crucial aspect of cancer cell proliferation and survival. This effect is primarily mediated by the MAPK and PI3K/AKT pathways, which are triggered via FGFR activation. Within the MAPK pathway, enzymes such as RAS, RAF, MEK, and ERK play pivotal roles. Rat sarcoma virus activates RAF, which in turn phosphorylates MEK, leading to the activation of ERK. This cascade ultimately results in the regulation of the transcription of genes related to amino acid metabolism.

In parallel, the PI3K/AKT pathway, initiated by FGFR signaling, involves PI3K converting PIP<sub>2</sub> to PIP<sub>3</sub> and subsequently activating AKT. Protein Kinase B activity affects various metabolic processes, including activation of mTOR, a master regulator of cell metabolism. Mammalian target of rapamycin controls protein synthesis by influencing the activity of enzymes, such as S6K and 4E-BP1. Moreover, in amino acid metabolism, enzymes such as glutaminases, which convert glutamine to glutamate,

and transaminases, such as aspartate aminotransferase and alanine aminotransferase, are crucial. These enzymes are involved in amino acid synthesis and degradation and are potentially dysregulated in CCA due to altered FGFR signaling [12, 102, 103]. Understanding the intricate roles of these enzymes in FGFR-driven pathways underscores the complex interplay between cancer signaling and metabolic regulation, highlighting potential targets for therapeutic interventions in CCA.

### 3.5.2. PI3K/AKT/mTOR Pathway

Amino acids activate mTORC1 and hVps34 in cancer cells through an increase in intracellular calcium, which enhances Ca<sup>2+</sup>/calmodulin binding to hVps34, boosting lipid kinase activity and mTORC1 signaling. This pathway underscores the crucial link between metabolic disturbances and cancer progression and offers potential targets for cholangiocarcinoma treatment [104].

Preclinical studies have shown that combined targeting of mTOR and AKT using RAD001 (an mTOR inhibitor) and MK-2206 (an AKT inhibitor) is synergistic in the treatment of CCA. This suggests that the combined targeting of mTOR and AKT may be a new and effective strategy for the treatment of CCA. However, further clinical trials are needed to validate these preclinical findings and determine the optimal doses of RAD001 and MK-2206 for the treatment of CCA [18].

Frequent dysregulation of the PI3K/AKT/mTOR pathway has been observed in CCA, contributing to disease progression and resistance to therapies [105]. Therefore, targeting this pathway, including the specific mechanisms by which it regulates amino acid synthesis, may have therapeutic potential for CCA.

### 3.5.3. Notch Pathway

The Notch pathway has been implicated in the regulation of amino acid metabolism, particularly through its interaction with mammalian target of mTORC1 signaling pathway. The Notch pathway, specifically through the atypical receptor NOTCH3, promotes tumor cell survival via activation of the PI3K-AKT pathway. This pathway regulates cellular processes such as growth and metabolism, including amino acid metabolism. Furthermore, the Notch pathway interacts with mTORC1, a central regulator of cell metabolism, growth, proliferation, and survival. The mTORC1 pathway is sensitive to amino acid availability and is activated in response to amino acid abundance. In CCA, simultaneous activation of the Notch and mTORC1 pathways has been observed, leading to increased expression of amino acid transporters and enhanced tumor growth [48, 106].

Additionally, when activated along the KRAS-AKT pathway, the Notch pathway induces biliary cancer development via the mTORC1 pathway. This suggests a complex interplay between the Notch pathway, other signaling pathways, and amino acid metabolism in CCA [107].

In summary, the Notch pathway plays a crucial role in CCA, partly through its influence on amino acid metabolism through interactions with the mTORC1 pathway. This highlights the potential of targeting these pathways for therapeutic interventions in CCA.

### 3.5.4. Hippo Pathway

The Hippo signaling pathway comprises two critical modules, HPO1 and HPO2, which govern the functionality of LATS1/2 kinases and YAP/TAZ transcriptional co-activators. These elements play pivotal roles in modulating alterations in organ dimensions and pathways leading to tumorigenesis, underscoring their significance in cellular growth and cancer development. Within the framework of amino acid metabolism, the effectors of the Hippo pathway, namely YAP and TAZ, play a pivotal role in regulating amino acid signals towards mTORC1, an essential modulator of cellular proliferation and metabolic processes. Through its interaction with TEAD transcription factors, YAP and TAZ facilitate the upregulation of LAT1, a high-affinity leucine transporter. This transporter is integral for leucine assimilation and subsequent mTORC1 activation, especially in nutrient scarcity scenarios, and research indicates the notable involvement of the Hippo pathway in the onset of iCCA. Genetic deactivation of the HPO1 and HPO2 signaling modules triggers the complete activation of YAP/TAZ, precipitating the accelerated progression of iCCA [55, 108].

In summary, the Hippo signaling pathway plays a remarkable role in amino acid metabolism, primarily through the regulation of mTORC1 activation via YAP/TAZ and LAT1. It is also involved in the pathogenesis of CCA, and alterations in this pathway contribute to iCCA development.

## CONCLUSION

The intricate relationship between genetics and biochemistry plays a pivotal role in the pathogenesis of cholangiocarcinoma, which is a complex and multifaceted liver disease. Recent advances in WGS have extensively enhanced our understanding of how genetic variation influences biochemical pathways and contributes to disease development and progression. This review focuses on dissecting the crosstalk between genetic variations and biochemical pathways in cholangiocarcinoma. We explored key signaling pathways such as RAF/MEK/ERK and PI3K/AKT/mTOR, which are crucial in tumorigenesis and cellular metabolism. These pathways not only offer insights into the molecular mechanisms of the disease but also present potential targets for novel diagnostic and prognostic biomarkers and therapeutic interventions. Furthermore, this review highlights newly identified genetic variants and their impact on biochemical pathways, underscoring the importance of genetic

diversity in disease manifestation. By exploring the intricate interplay between genetics and biochemistry, we aimed to provide a comprehensive understanding of the regulatory mechanisms of hepatocellular homeostasis and their implications in cholangiocarcinoma pathogenesis.

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### Author Contributions

Mete Ucdal – Conception of the work, Design of the work, Acquisition of data, Analysis of data, Interpretation of

data, Drafting the work, Final approval of the version to be published, Agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved

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#### **Guarantor of Submission**

The corresponding author is the guarantor of submission.

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#### **Consent Statement**

Written informed consent was obtained from the patient for publication of this article.

#### **Conflict of Interest**

Authors declare no conflict of interest.

#### **Data Availability**

All relevant data are within the paper and its Supporting Information files.

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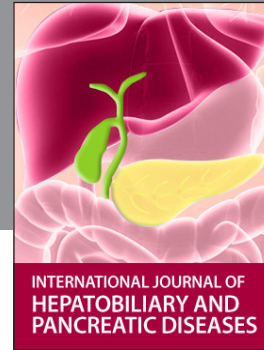
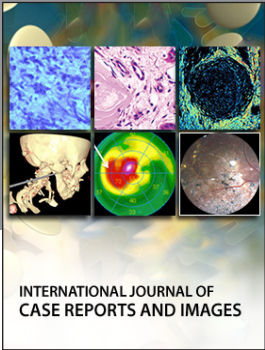
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